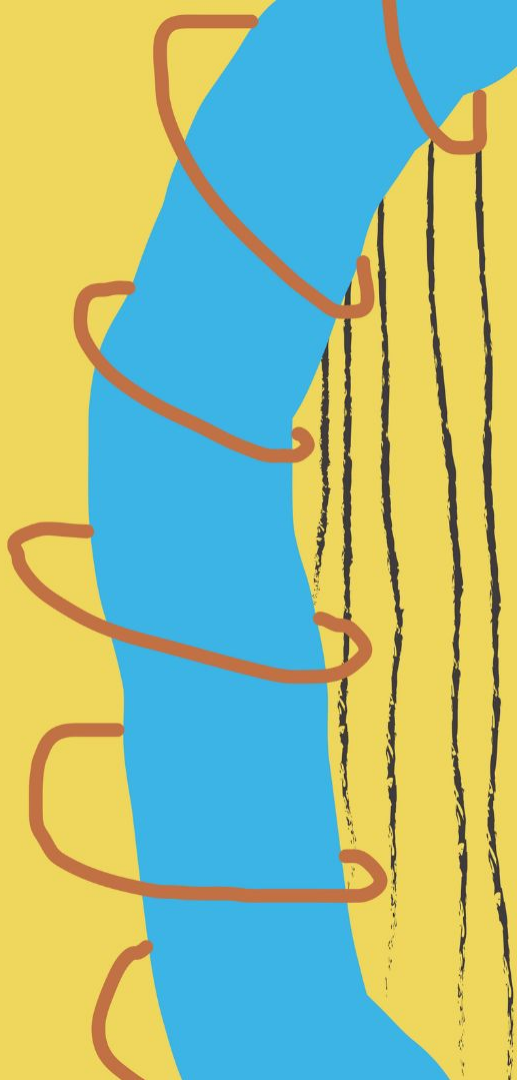
The Mind Room

Health, Wellbeing & Performance Psychology Services



About Us

The Mind Room is a health, wellbeing and performance psychology community based in Collingwood, Melbourne.

We believe that when people know more about how their minds work, they struggle less and live more meaningful, connected and satisfying lives.

We are about sharing quality psychological knowledge and tools to empower individuals, organisations and communities to not just survive, but thrive.

Our Philosophy

Know, love and grow your mind. Because thriving minds are good for business.

We inspire and promote good mental health and wellbeing by bringing psychology to the spaces that we live, work and play.

We apply evidence-based mental health and wellbeing science and tailor it for your business or project. We use language and experiences that fit with your industry and people. We are business savvy, pragmatic and creative in our approach.

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Facility Partner

A Facility Partner (FP) acts as an independent business owner under a Facilities Agreement (FA). They rent a consulting room or studio on set days and times to focus on client care. They manage all other aspects of their business including client and business administration.

They are not an employee of The Mind Room, nor a Clinical Partner. They are a welcome part of The Mind Room community.

Our Culture

We're guided by our values — integrity, connection, curiosity, action and joy — in how we work, grow and care.

Facility Partner Model

Your Role

- You work with us as an independent business owner renting a consulting room on set days and times.
- You hold full clinical independence — managing your caseload, schedule and therapeutic approach.
- You manage all aspects of your business, including bookings, billing, fees, insurance and professional obligations.

Our Role

We've created a calm, light-filled and green space so you can focus on client care. This includes:

- A welcoming waiting area
- 14 purpose-built consulting rooms
- Shared co-working area
- Kitchen and cafe seating
- A 20-person studio
- 3 telehealth pods

Facilities Agreement

Facilities Agreement

Your Facilities Agreement outlines:

- Your facility fee structure
- Your consulting room day and time allocation
- Whether it is an ongoing and/or casual booking agreement.
- Our obligations to you in regards to facilities, inclusions and exclusions.

Fee structure & Invoicing

- We charges a set fee based on your schedule and room selection.
- You will receive a monthly invoice outlining the facilities fees.
- Payments are due within one week of invoice issue.
- There is a 30-day written agreement termination period.

Ongoing and / or Casual Bookings

	Ongoing Commitment	Casual Booking
Best For	Stable, weekly caseloads	Overflow or irregular use
Booking Blocks	2-4 hours booking blocks (day/time dependant)	2-4 hours booking blocks (day/time dependant)
Charge Rate	Charged per block (*not* per hour)	Charged per block (*not* per hour)
Average Rate	$30/hr (+ GST)	$40/hr (+ GST)
Access	Same fixed block(s) every week	Subject to availability
Booking	Guaranteed recurring slot	Book up to 3 weeks in advance
Payment	Invoiced monthly in advance; 7-day payment	Pay on the day of booking
Notice	30-day termination notice (effective from 1st of month)	7-day cancellation notice

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Room Blocks & Pricing 2026

Block	Time Slot	Duration	Ongoing Fee	Casual Fee
Block A	8:00am – 10:00am	2 Hours	$60	$80
Block B	10:00am – 1:00pm	3 Hours	casual only	$120
Block C	1:00pm – 3:00pm	2 Hours	casual only	$80
Block D	3:00pm – 6:00pm	3 Hours	casual only	$120
Block E	6:00pm – 8:00pm	2 Hours	$60	$80
Block F (Sat)	9:00am – 1:00pm	4 Hours	$120	$160
Block G (Sat)	1:00pm – 5:00pm	4 Hours	$120	$160
~ Connecteam		Monthly	$15	$15

- Our consulting rooms are shared spaces managed through a clear room-block system.
- Room blocks are allocated monthly so any changes can be communicated to clients with appropriate notice.

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Talk to us

hr@themindroom.com.au

+61 (03) 9086 8688

www.themindroom.com.au
@themindroom

